

## **Spicy Cilantro Salsa**

### **Candida Friendly**

2 bunches cilantro, remove most of stems, then chop

½ cup lime juice, usually about 6-8 limes

1 jalapeno, remove membrane and seeds, and then dice finely

2 green onions, finely chopped

Mix all together and set aside for about ½ hour to soak up the lime juice.