

## **Greek Salad Dressing**

### **Candida Friendly**

6 tbsp. freshly squeezed lemon juice

2 cloves garlic, minced

2 tsp. sea salt

1 cup grapeseed or extra virgin olive oil-just preference

2 tsp. dried oregano

Freshly ground pepper to taste

In a small bowl, whisk together the lemon juice, garlic, salt and oil. Stir in the oregano and pepper to taste.